

## Career Planning and Major Exploration Living Learning Course Syllabus

**Name of Course:** IDIS 280-CMAT- Career Planning and Major Exploration

**Name of Course in GullNet-**IDIS 280 - 450 SPECIAL TOPICS IN INTERDIS ST (Explorations)

**Day and Time:** Tuesdays 3 – 4:45 PM

**Credit:** Two Hour Credit Course

**Location:** Room 133 GUC-Career Center

**Text Name:** “10 Best College Majors for Your Personality” Second Edition

*Author:* Laurence Shatkin, Ph.D.

*Published By:* JIST Works-JIST Publishing

*Phone:* 800-648-JIST

*Email:* info@jist.com

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**Web Site:** <http://www.salisbury.edu/careerservices/Class/default.htm>

**Office Hours:** 8:00 a.m. to 5:00 p.m. Monday-Friday

### Goals of Course

To assist students in selecting a college major that is appropriate for them based on their interests. They will also gain a greater understanding of resources available to them while selecting a major. The students will understand how to assess their skills, abilities and interests and transfer those skills/interests to a major that will be rewarding in every aspect of their life. They will understand a college major is a valuable tool in achieving a rewarding career. Our main goal is for the student make an informed and educated selection of a college major that is relevant to their needs.

### Course Requirements/Policies

**Attendance Policy:** Students are expected to attend classes, complete all readings, and participate in class discussions. ***Students are expected to be in class at the start of class and remain until the end of class.*** Students are entitled to **two absences without penalty. Beyond this, each missed class (regardless of reason) will be one letter grade deduction.** Students are responsible for all missed assignments and if a student misses a class they have until the next class period to turn in any assignments due. The assignment webpage is here- <http://www.salisbury.edu/careerservices/class2/2012FallClass/Assignments.htm>  
***Anyone leaving at the break and not returning to class will lose one letter grade.*** All classes will be the entire time period. **You may not leave class for another class assignment, fraternity/sorority meetings, car problems, etc.**

**Late Assignments Policy:** Assignments are due at the beginning of class the day they are due. Late assignments will be accepted at 50% credit for up to one week after the due date. Assignments will not be accepted after one week.

### **Grading Scale:**

90 – 100%:	A
80– 89.99%:	B
70-79.99%:	C

60- 69.99%: D

59.99 and Below: F

Grades will be determined from the following criteria:

- Attendance
- **Participation**
- Projects
- Activities
- Assignments
- Reaction Papers
- Quizzes

Points will be assigned to each criterion and totaled in a percentage scale that is stated above.

### **Accommodating Students with Special Learning Needs**

In accordance with university policy students with documented sensory and/or learning disabilities should inform the instructor so that their special needs may be accommodated.

#### **Week 1:** Introduction

Factors to Consider When YOU Choose Major-Pages 1-9

- Syllabus
- Famous people's majors

#### **Week 2:**

Career Exploration-Pages 9-13

- Sample description of a Major
- Why personality is useful for choosing a major

#### **Week 3:**

Your Personality and Your Major-Pages 15-19

- Focus
- Strong
- What do I want to be?
- O\*Net

#### **Week 4:**

What is Your Personality Type? Take an Assessment –Pages 21-30

- Steps 1, 2 and 3 – discover your Holland Code
- Continue with above assessments
- Do activity on page 22

#### **Week 5:**

The Best Majors List-Pages 31-37

#### **Week 6:**

The Best Majors List –Pages 37-44

#### **Week 7:**

Part III-The Best Majors List by Demographic-Pages 45-57

**Week 8:**

Part III-The Best Majors related to jobs at different educational/training/skill levels-Pages 58-76

**Week 9:**

Best Majors That May Appeal to Other Aspects of Your Personality-Page 77-89

**Week 10:**

Descriptions for the Best College Majors for Your Personality-Page 91-113-Realistic Personalities

**Week 11:**

Descriptions for the Best College Majors for Your Personality-Page 114-164-Investigative Personalities

**Week 12:**

Descriptions for the Best College Majors for Your Personality-Page 165-191-Artistic Personalities

**Week 13:**

No class-Thanksgiving

**Week 14:**

Descriptions for the Best College Majors for Your Personality-Page 193-225-Social Personalities

**Week 15:**

Descriptions for the Best College Majors for Your Personality-Page 226-262-Enterprising Personalities

**Week 16:**

Descriptions for the Best College Majors for Your Personality-Page 263-282-Conventional Personalities

**Possible Activities:**

- Include opportunities for alumni to participate
- Have students go to the student activities fair to see ways to get involved on campus
- Informational interviews with alumni/employers working in fields of interest to students
- Shadowing opportunities
- Mock networking sessions with real employers
- Including Service Learning projects as part of the class
- Students create posters related careers of interest by Holland Code. Displayed and shared at a Poster Session event
- Group Activities where students are grouped by Holland Code
- Students develop a club based on their Holland Codes

- Career Journaling
- Students create a career portfolio on the web

At the University Writing Center (directly above the Fireside Lounge in the Guerrieri University Center), trained consultants are ready to help you at any stage of the writing process. It is often helpful for writers to share their work with an attentive reader, and Writing Center consultations allow writers to test and refine their ideas before having to hand papers in to their instructors or to release documents to the public. In addition to the important writing instruction that occurs in the classroom and during professors' office hours, the Center offers another site for learning about writing. **All students are encouraged to make use of this important service.** For more information about the Writing Center's hours and policies, visit the Writing Center or its website at [www.salisbury.edu/uwc](http://www.salisbury.edu/uwc).